



WORLD AIDS DAY 2020





WORLD AIDS DAY



WHAT IS WORLD AIDS DAY?

- World AIDS Day takes place on 1 December each year.
- It's an opportunity for people worldwide to unite in the fight against HIV, to show support for people living with HIV, and to commemorate those who have died from an AIDS-related illness.
- Founded in 1988, World AIDS Day was the first ever global health day.



WHY IS WORLD AIDS DAY IMPORTANT?

- World AIDS Day is important because it reminds the public and government that HIV has not gone away.
- There is still a vital need to raise money, increase awareness, fight prejudice and improve education.

- Over 103,800 people are living with HIV in the UK.
- Globally, there are an estimated 38 million people who have the virus.



AIDS SYMPTOMS

THE SIGNS AND SYMPTOMS OF SOME OF THESE INFECTIONS MAY INCLUDE:

- SWEATS
- CHILLS
- RECURRING FEVER
- CHRONIC DIARRHEA
- SWOLLEN LYMPH GLANDS
- WEIGHT LOSS
- SKIN RASHES OR BUMPS



Main symptoms of AIDS

Neurological

- Encephalitis
- Meningitis

Eyes

- Retinitis

Lungs

- Pneumocystis pneumonia
- Tuberculosis (multiple organs)
- Tumors

Skin

- Tumors

Gastrointestinal

- Esophagitis
- Chronic diarrhea
- Tumors



WHAT AGE GROUP HAS THE HIGHEST RATE OF AIDS ?

- While HIV prevalence is higher among women aged 15-49 (8.3%) than women age 50 to 64 (5.4%).
- The difference is not significant at the ($p < 0.10$ level). HIV prevalence is significantly higher for men aged between 50 and 64 than those aged 15-49 (8.9% compared to 4.1%).



FACT ABOUT AIDS

- **“HIV” (Human Immunodeficiency Virus) is a virus that infects the immune system, decreasing its ability to fight off other infections and diseases.**
- **More than 35 million people live with HIV worldwide.**
- **At the end of 2011, there were 3.3 million children living with HIV around the world.**



RISK FACTORS

- ***receiving unsafe injections, blood transfusions and tissue transplantation, and medical procedures that involve unsterile cutting or piercing.***



- ***experiencing accidental needle stick injuries, including among health workers***





PREVENTION FROM AIDS

- ***Testing and counselling for HIV and STIs***
- ***Harm reduction for people who inject and use drugs***
- ***Elimination of mother-to-child transmission of HIV***

TREATMENT



- HIV can be suppressed by treatment regimens composed by a combination of 3 or more ARV drugs.
- Current ART does not cure HIV infection but highly suppresses viral replication within a person's body and allows an individual's immune system recovery to strengthen and regain the capacity to fight off infections.



WHAT CAN I DO ON WORLD AIDS DAY?

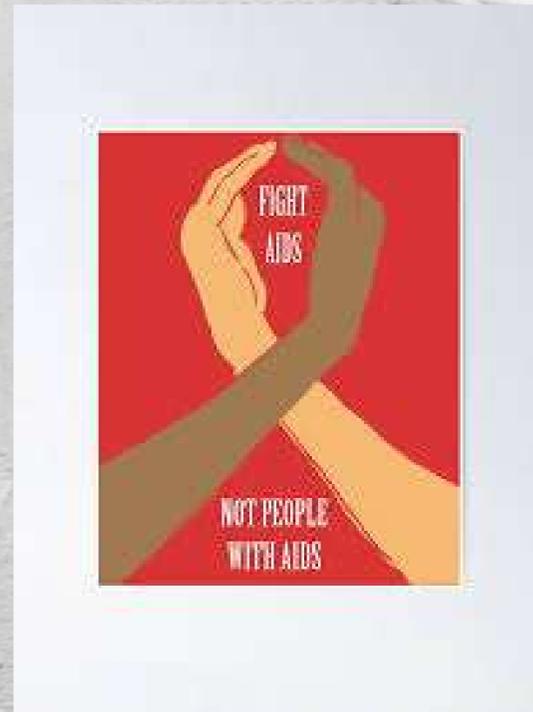


- **Most people do this by wearing an HIV awareness red ribbon on the day.**
 - **Sign up to National AIDS Trust's mailing list to stay up-to-date with new developments in HIV, and learn how you can get involved as an activist or as a volunteer.**
- **You can also support our work by donating to National AIDS Trust. We rely on your support to continue championing the rights of people living with HIV.**



QUOTES OF THE DAY

“To ensure good health: eat lightly, breathe deeply, live moderately, cultivate cheerfulness, and maintain an interest in life.” - William Londen





SOURCES :

- <https://www.worldaidsday.org/>
- <https://www.webmd.com/hiv-aids/understanding-aids-hiv-symptoms>
- <https://www.mayoclinic.org/diseases-conditions/hiv-aids/symptoms-causes/syc-20373524>
- <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3788708/#:~:text=While%20HIV%20prevalence%20is%20higher,8.9%25%20compared%20to%204.1%25>
- <https://www.dosomething.org/us/facts/11-facts-about-hiv-around-world>
- <https://www.who.int/news-room/fact-sheets/detail/hiv-aids>
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